

Heart of the Sound Triathlon Results
Sunday, August 9, 2009
Jensen Point/Burton Peninsula, Vashon Island

Under misty then clearing skies in the mid-60 degree range, water in the high-50 degree range, outgoing tide in calm seas
* indicates USA Triathlon membership prior to race

Age Group: Males, 10 years and under (100m, 3.6 mi., .5 mi.)

Place	Name	Age on 8/9	Age on 12/31	Time
1	Max Gross Shader	9	10	23:00
2	Diego Gray	9	10	25:01
3	Jacob Gold	9	9	25:02
4	Finley Oswald	8	9	27:25
5	Jack Cunningham*	7	7	30:45

Age Group: Females, 10 years and under (100m, 3.6 mi., .5 mi.)

Place	Name	Age on 8/9	Age on 12/31	Time
1	Jane Oswald	10	10	27:42
2	Maia Cunningham*	9	10	28:28
3	Katrina Heffernan	10	10	31:22
4	Kyra MacLeod*	9	9	36:28
5	Liesl Bogaard	9	9	36:29
6	Emily Ward	7	8	42:13

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Age Group: Females, 11-12 years old (200m, 5.4 mi., 1 mi.)

Place	Name	Age on 8/9	Age on 12/31	Time
1	Kalie Heffernan	12	12	44:35
2	Eva Cyra*	10	11	48:54
Tie	June Haselton	10	11	48:54

Age Group: Males, 13-15 years old (200m, 7.2 mi., 1.8 mi.)

Place	Name	Age on 8/9	Age on 12/31	Time
1	Alex Springer	15	15	41:27
2	Tristan Springer	13	14	44:02
3	Will McDonald	13	14	48:51