

Heart of the Sound Triathlon Age Group Results

2008-08-24

Sprint \ (Open\) F20-24

Bib	Name	Team	Age	Gen	Finish	AG	OA	FO
251	Blodgett, Robyn		22	F	2:38:23.8	1	23	79
	Swim (0:30:10.3)	T1 (0:05:30.8)	Bike (1:18:29.4)	T2 (0:01:08.0)	Run (0:43:05.0)			

Sprint \Open\ F25-29

Bib	Name	Team	Age	Gen	Finish	AG	OA	FO
266	Twardowski, Samantha		29	F	1:51:17.0	1	9	40
	Swim (0:29:13.8) T1 (0:02:45.3)	Bike (0:52:09.4) T2 (0:00:27.5)			Run (0:26:40.8)			
253	Chally, Melissa		27	F	2:26:49.0	2	22	76
	Swim (0:29:41.6) T1 (0:04:20.7)	Bike (1:10:34.9) T2 (0:00:39.4)			Run (0:41:32.2)			

Sprint \Open\ F30-34

Bib	Name	Team	Age	Gen	Finish	AG	OA	FO
254	Cole, Alicia		31	F	1:48:42.0	1	7	35
	Swim (0:28:42.2)	T1 (0:02:30.8)	Bike (0:49:47.3)	T2 (0:00:49.0)	Run (0:26:52.6)			

Sprint \Open\ F35-39

Bib	Name	Team	Age	Gen	Finish	AG	OA	FO
265	Roggenbuck, Katie		37	F	1:44:28.6	1	3	28
	Swim (0:21:18.9)	T1 (0:02:29.4)	Bike (0:50:26.7)	T2 (0:01:15.6)	Run (0:28:57.9)			
256	Cunningham, Connie		38	F	1:46:39.8	2	4	31
	Swim (0:22:39.4)	T1 (0:01:31.0)	Bike (0:51:56.1)	T2 (0:00:43.8)	Run (0:29:49.3)			
293	Lee, Susie		35	F	1:53:44.2	3	10	43
	Swim (0:21:56.7)	T1 (0:02:39.3)	Bike (0:57:11.0)	T2 (0:01:47.0)	Run (0:30:10.0)			

Sprint \Open\ F40-44

Bib	Name	Team	Age	Gen	Finish	AG	OA	FO
202	Collins, Laura		41	F	1:37:28.5	1	1	13
	Swim (0:25:14.5)	T1 (0:01:13.3)	Bike (0:45:49.2)	T2 (0:00:39.4)	Run (0:24:31.9)			
211	Munn, Stacy		43	F	1:41:12.6	2	2	20
	Swim (0:21:50.1)	T1 (0:01:05.6)	Bike (0:47:36.4)	T2 (0:00:33.2)	Run (0:30:07.2)			
207	MacLeod, Lisa		42	F	1:47:23.3	3	6	33
	Swim (0:22:33.7)	T1 (0:01:17.3)	Bike (0:51:04.7)	T2 (0:01:11.0)	Run (0:31:16.4)			
203	Crow, Sherrie		40	F	1:50:17.4	4	8	38
	Swim (0:23:18.6)	T1 (0:01:48.5)	Bike (0:54:22.8)	T2 (0:01:00.8)	Run (0:29:46.5)			
214	Schira, Tiffany		41	F	2:07:15.6	5	13	55
	Swim (0:27:10.8)	T1 (0:02:28.9)	Bike (1:07:05.2)	T2 (0:00:21.8)	Run (0:30:08.8)			
294	Stepherson, Christine		41	F	2:09:06.0	6	15	60
	Swim (0:27:39.7)	T1 (0:03:38.5)	Bike (1:02:18.2)	T2 (0:00:44.2)	Run (0:34:45.2)			
213	Porter, Heddi		43	F	2:11:42.3	7	16	63
	Swim (0:38:06.1)	T1 (0:04:12.0)	Bike (0:54:28.7)	T2 (0:01:16.4)	Run (0:33:39.0)			
209	Moyes, Stephanie		40	F	2:12:08.6	8	17	64
	Swim (0:34:01.0)	T1 (0:02:33.4)	Bike (0:59:34.9)	T2 (0:01:04.1)	Run (0:34:55.0)			
201	Brocard, Nancy		43	F	2:12:32.0	9	18	65
	Swim (0:23:20.7)	T1 (0:03:05.0)	Bike (1:03:19.0)	T2 (0:00:58.5)	Run (0:41:48.6)			
212	O'Connor, Karen		44	F	2:14:21.2	10	19	68
	Swim (0:33:24.9)	T1 (0:03:55.6)	Bike (0:56:21.4)	T2 (0:01:42.1)	Run (0:38:57.1)			
205	Gustaveson, Patty		44	F	2:17:31.8	11	20	72
	Swim (0:25:07.1)	T1 (0:02:28.5)	Bike (1:06:46.7)	T2 (0:01:31.0)	Run (0:41:38.2)			
210	Mullin, Carole		43	F	2:17:57.4	12	21	73
	Swim (0:33:49.2)	T1 (0:04:10.6)	Bike (0:59:39.5)	T2 (0:00:53.2)	Run (0:39:24.7)			

Sprint \ (Open\) F45-49

Bib	Name	Team	Age	Gen	Finish	AG	OA	FO
206	Hurley, Lisa		46	F	1:47:16.0	1	5	32
	Swim (0:27:27.9)	T1 (0:01:59.3)	Bike (0:50:22.6)	T2 (0:00:31.6)	Run (0:26:54.3)			
208	Medcalf, Marta		47	F	1:56:51.1	2	11	46
	Swim (0:30:31.9)	T1 (0:04:06.1)	Bike (0:51:08.4)	T2 (0:00:58.6)	Run (0:30:05.9)			
215	Switzer, Lisa		45	F	1:57:56.0	3	12	48
	Swim (0:28:44.6)	T1 (0:02:35.0)	Bike (0:55:58.8)	T2 (0:00:59.7)	Run (0:29:37.7)			

Sprint \Open\ F50-54

Bib	Name	Team	Age	Gen	Finish	AG	OA	FO
216	Wade, Rebecca		51	F	2:07:49.4	1	14	56
	Swim (0:23:50.2) T1 (0:02:38.6)	Bike (0:59:52.6) T2 (0:01:04.0)			Run (0:40:23.7)			

Sprint \Open\ M19U

Bib	Name	Team	Age	Gen	Finish	AG	OA	FO
291	Wilkerson, Chris		14	M	1:59:36.6	1	37	49
	Swim (0:17:37.1) T1 (0:03:21.6)	Bike (1:09:15.9) T2 (0:01:03.7)			Run (0:28:18.1)			
170	Walker, Ramsey		16	M	2:21:37.6	2	53	74
	Swim (0:55:43.2) T1 (0:03:06.0)	Bike (0:53:29.5) T2 (0:01:41.2)			Run (0:27:37.6)			

Sprint \Open\ M20-24

Bib	Name	Team	Age	Gen	Finish	AG	OA	FO
166	Seamster, Scott		23	M	1:24:59.6	1	3	3
	Swim (0:16:21.8)	T1 (0:00:50.8)	Bike (0:44:17.5)	T2 (0:00:35.4)	Run (0:22:53.9)			
154	Craig, Ross		24	M	1:37:06.5	2	12	12
	Swim (0:17:55.8)	T1 (0:02:00.2)	Bike (0:49:24.4)	T2 (0:00:54.5)	Run (0:26:51.3)			
168	Szczesniak, Brandon		24	M	1:38:06.8	3	14	15
	Swim (0:21:53.4)	T1 (0:01:43.6)	Bike (0:46:49.6)	T2 (0:00:51.5)	Run (0:26:48.5)			
160	Henderson-Drager, Will		20	M	1:43:03.7	4	22	24
	Swim (0:21:56.5)	T1 (0:02:05.3)	Bike (0:50:03.5)	T2 (0:00:45.7)	Run (0:28:12.5)			

Sprint \Open\ M25-29

Bib	Name	Team	Age	Gen	Finish	AG	OA	FO
165	Niles, David		26	M	1:27:22.7	1	4	4
	Swim (0:17:57.6)	T1 (0:01:28.1)	Bike (0:45:08.3)	T2 (0:00:54.8)	Run (0:21:53.8)			
159	Heikaus, Clemens		26	M	1:35:39.2	2	11	11
	Swim (0:18:11.1)	T1 (0:02:03.3)	Bike (0:47:00.7)	T2 (0:00:25.2)	Run (0:27:58.6)			
295	Patrick, Sean		28	M	2:31:13.8	3	56	78
	Swim (1:10:08.8)	T1 (0:06:50.1)	Bike (--)	T2 (--)	Run (1:14:14.8)			

Sprint \Open\ M30-34

Bib	Name	Team	Age	Gen	Finish	AG	OA	FO
164	Moore, Simon		30	M	2:22:40.8	1	54	75
	Swim (0:37:05.3)	T1 (0:02:47.3)	Bike (1:01:55.7)	T2 (0:02:28.3)	Run (0:38:23.9)			

Sprint \Open\ M35-39

Bib	Name	Team	Age	Gen	Finish	AG	OA	FO
155	Fitchitt, Joshua		35	M	1:22:10.5	1	2	2
	Swim (0:19:45.4)	T1 (0:01:05.4)	Bike (0:39:28.8)	T2 (0:00:34.3)	Run (0:21:16.4)			
163	McIntosh, Duncan		37	M	1:38:12.0	2	15	16
	Swim (0:22:08.0)	T1 (0:00:59.7)	Bike (0:49:55.6)	T2 (0:00:34.3)	Run (0:24:34.1)			
156	Gagnaire, Cedric		35	M	1:43:04.8	3	23	25
	Swim (0:21:24.9)	T1 (0:02:20.5)	Bike (0:52:21.8)	T2 (0:00:19.7)	Run (0:26:37.6)			
297	Ott, Greg		39	M	1:44:19.0	4	24	26
	Swim (0:27:32.6)	T1 (0:02:07.7)	Bike (0:46:32.6)	T2 (0:01:02.4)	Run (0:27:03.5)			
296	Murphy, Paul		39	M	1:45:08.0	5	27	30
	Swim (0:21:17.0)	T1 (0:01:37.7)	Bike (0:51:31.6)	T2 (0:00:58.6)	Run (0:29:42.9)			
158	Grillone, Christopher		37	M	1:52:49.7	6	32	41
	Swim (0:23:25.9)	T1 (0:02:38.4)	Bike (0:54:11.0)	T2 (0:01:35.5)	Run (0:30:58.7)			
167	Stevenson, Matt		35	M	1:52:58.9	7	33	42
	Swim (0:18:48.3)	T1 (0:05:35.8)	Bike (0:57:58.0)	T2 (0:00:45.1)	Run (0:29:51.5)			
292	Skrzypek, David		39	M	1:59:38.9	8	38	50
	Swim (0:22:35.2)	T1 (0:05:09.9)	Bike (0:56:40.8)	T2 (0:02:13.1)	Run (0:32:59.6)			
161	Kallberg, Vince		35	M	2:13:13.9	9	48	66
	Swim (0:27:59.7)	T1 (0:05:18.3)	Bike (1:02:47.0)	T2 (0:00:48.9)	Run (0:36:19.8)			

Sprint (Open) M40-44

Bib	Name	Team	Age	Gen	Finish	AG	OA	FO
101	Baker, Brad		44	M	1:34:21.0	1	9	9
	Swim (0:17:08.4)	T1 (0:01:51.5)	Bike (0:46:01.9)	T2 (0:00:49.8)	Run (0:28:29.1)			
130	Plastina, Dan		42	M	1:34:35.8	2	10	10
	Swim (0:19:06.4)	T1 (0:01:49.7)	Bike (0:42:42.1)	T2 (0:00:43.5)	Run (0:30:13.9)			
104	Crist, Barry		42	M	1:37:42.1	3	13	14
	Swim (0:23:38.8)	T1 (0:02:01.3)	Bike (0:44:54.0)	T2 (0:01:01.1)	Run (0:26:06.7)			
287	Christie, Patrick		43	M	1:44:21.7	4	25	27
	Swim (0:23:36.9)	T1 (0:03:02.3)	Bike (0:49:20.0)	T2 (0:00:44.7)	Run (0:27:37.5)			
115	Jones, Kevin		43	M	1:49:32.3	5	29	36
	Swim (0:17:45.4)	T1 (0:02:49.5)	Bike (0:54:31.1)	T2 (0:00:56.9)	Run (0:33:29.2)			
288	Luthringer, Tracy		43	M	1:49:44.7	6	30	37
	Swim (0:22:07.8)	T1 (0:03:29.0)	Bike (0:53:05.6)	T2 (0:01:29.6)	Run (0:29:32.4)			
116	Kimball, Robert		44	M	1:57:01.1	7	36	47
	Swim (0:27:07.1)	T1 (0:04:38.7)	Bike (0:52:49.5)	T2 (0:01:50.9)	Run (0:30:34.7)			
119	Lane, Kenneth		42	M	2:05:40.9	8	41	53
	Swim (0:28:15.5)	T1 (0:02:12.7)	Bike (0:54:12.4)	T2 (0:01:05.0)	Run (0:39:55.1)			
125	Monroe, Dan		43	M	2:06:16.4	9	42	54
	Swim (0:27:33.7)	T1 (0:03:59.1)	Bike (0:58:20.8)	T2 (0:00:46.5)	Run (0:35:36.1)			
117	Kraabel, Timothy		43	M	2:07:49.5	10	43	57
	Swim (0:27:47.9)	T1 (0:03:37.8)	Bike (0:55:16.2)	T2 (0:01:41.7)	Run (0:39:25.6)			
106	Derrer, David		44	M	2:08:14.1	11	44	58
	Swim (0:38:02.6)	T1 (0:04:07.6)	Bike (0:53:28.2)	T2 (0:01:27.0)	Run (0:31:08.4)			
126	Moore, Christopher		43	M	2:08:49.0	12	45	59
	Swim (0:29:31.6)	T1 (0:05:30.5)	Bike (0:57:59.6)	T2 (0:01:20.3)	Run (0:34:26.8)			
127	Nunamacher, Tom		43	M	2:11:00.1	13	47	62
	Swim (0:23:10.5)	T1 (0:05:04.1)	Bike (1:07:10.8)	T2 (0:00:33.5)	Run (0:35:01.0)			
141	Ward, Patrick		40	M	2:15:42.9	14	52	71
	Swim (0:44:03.3)	T1 (0:02:38.9)	Bike (0:55:51.4)	T2 (0:01:08.5)	Run (0:32:00.5)			
107	Edelbach, Terry		41	M	2:41:26.3	15	57	80
	Swim (0:50:29.4)	T1 (0:04:36.4)	Bike (1:00:15.8)	T2 (0:01:47.7)	Run (0:44:16.8)			
109	Freeman, Ion		40	M	3:04:12.2	16	58	81
	Swim (1:12:57.1)	T1 (0:06:42.0)	Bike (--)	T2 (1:07:50.8)	Run (0:37:41.6)			

Sprint (Open) M45-49

Bib	Name	Team	Age	Gen	Finish	AG	OA	FO
299	Townsend, Kendall		47	M	1:19:57.0	1	1	1
	Swim (0:15:43.9)	T1 (0:01:11.0)	Bike (0:40:37.7)	T2 (0:00:34.6)	Run (0:21:49.6)			
131	Ripley, Mark		46	M	1:28:46.8	2	5	5
	Swim (0:19:24.9)	T1 (0:01:33.2)	Bike (0:42:53.2)	T2 (0:00:46.7)	Run (0:24:08.6)			
135	Silvestri, Russ		47	M	1:32:32.8	3	7	7
	Swim (0:17:58.9)	T1 (0:01:17.3)	Bike (0:44:37.8)	T2 (0:00:44.4)	Run (0:27:54.1)			
114	Inveen, Scott		46	M	1:33:38.2	4	8	8
	Swim (0:19:59.0)	T1 (0:01:39.3)	Bike (0:43:01.8)	T2 (0:00:27.7)	Run (0:28:30.3)			
112	Haselton, Henry		45	M	1:38:28.2	5	16	17
	Swim (0:18:35.6)	T1 (0:01:27.9)	Bike (0:45:49.8)	T2 (0:00:44.2)	Run (0:31:50.4)			
134	Shaw, Travis		47	M	1:41:45.2	6	20	22
	Swim (0:24:17.4)	T1 (0:02:20.8)	Bike (0:46:57.8)	T2 (0:01:00.9)	Run (0:27:08.0)			
137	Swan, David		48	M	1:42:06.1	7	21	23
	Swim (0:21:43.9)	T1 (0:02:37.8)	Bike (0:51:36.7)	T2 (0:00:49.2)	Run (0:25:18.3)			
142	Weihs, Stephen		47	M	1:44:56.6	8	26	29
	Swim (0:23:56.6)	T1 (0:01:41.7)	Bike (0:49:03.7)	T2 (0:01:26.0)	Run (0:28:48.3)			
120	Lee, Bryan		46	M	1:48:13.6	9	28	34
	Swim (0:23:55.7)	T1 (0:03:22.1)	Bike (0:48:09.5)	T2 (0:01:50.4)	Run (0:30:55.7)			
129	Pitasky, Scott		46	M	1:56:21.1	10	34	44
	Swim (0:31:52.9)	T1 (0:03:23.6)	Bike (0:53:10.5)	T2 (0:01:04.8)	Run (0:26:49.1)			
136	Stilwell, Kevin		45	M	1:56:24.5	11	35	45
	Swim (0:30:38.6)	T1 (0:03:42.8)	Bike (0:49:57.1)	T2 (0:01:51.7)	Run (0:30:14.1)			
133	Schwegler, Tom		47	M	2:10:37.0	12	46	61
	Swim (0:31:51.3)	T1 (0:04:19.7)	Bike (0:57:27.1)	T2 (0:01:15.8)	Run (0:35:42.9)			
124	Michal, Kevin		48	M	2:14:13.0	13	49	67
	Swim (0:33:52.9)	T1 (0:06:22.1)	Bike (0:55:50.7)	T2 (0:02:27.5)	Run (0:35:39.5)			

Sprint \Open\ M50-54

Bib	Name	Team	Age	Gen	Finish	AG	OA	FO
300	Drangsholt, Mark		51	M	1:30:30.0	1	6	6
	Swim (0:22:37.6)	T1 (0:00:51.1)	Bike (0:41:35.7)	T2 (0:00:30.2)	Run (0:24:55.2)			
111	Haller, Ralph		53	M	1:41:06.9	2	18	19
	Swim (--)	T1 (--)	Bike (--)	T2 (--)	Run (1:41:06.9)			
290	Wilkerson, John		50	M	1:41:15.0	3	19	21
	Swim (0:24:26.4)	T1 (0:02:11.2)	Bike (0:48:40.1)	T2 (0:01:08.7)	Run (0:24:48.3)			
298	Esposito, Michael		50	M	2:15:24.9	4	50	69
	Swim (0:28:45.9)	T1 (0:02:22.1)	Bike (0:57:21.8)	T2 (0:02:37.4)	Run (0:44:17.6)			
139	Wade, Steven		50	M	--	--	--	--
	Swim (0:19:23.7)	T1 (0:01:20.9)	Bike (0:35:26.1)	T2 (0:00:35.4)	Run (--)			

Sprint \Open\ M55-59

Bib	Name	Team	Age	Gen	Finish	AG	OA	FO
113	Herwig, Russ Swim (0:23:07.1) T1 (0:02:40.9)	Bike (0:46:04.6) T2 (0:00:56.8)	56	M	1:39:15.0	1	17	18
289	Weiss, George Swim (0:26:43.6) T1 (0:02:31.8)	Bike (0:51:38.2) T2 (0:00:41.0)	58	M	1:50:21.1	2	31	39
140	Walker, Eric Swim (0:30:07.8) T1 (0:03:26.2)	Bike (0:55:28.0) T2 (0:01:21.0)	58	M	2:04:38.9	3	40	52
105	Davis, George Swim (0:32:36.5) T1 (0:04:10.9)	Bike (1:02:15.2) T2 (0:00:57.5)	57	M	2:15:42.9	4	51	70

Sprint \Open\ M65-69

Bib	Name	Team	Age	Gen	Finish	AG	OA	FO
103	Chasan, Dan		65	M	2:03:52.6	1	39	51
	Swim (0:31:24.6)	T1 (0:03:41.8)	Bike (1:00:39.9)	T2 (0:00:29.6)	Run (0:27:36.5)			
122	McCallum, James		66	M	2:30:34.0	2	55	77
	Swim (0:31:06.6)	T1 (0:05:07.8)	Bike (1:11:45.6)	T2 (0:01:47.2)	Run (0:40:46.5)			

Sprint \Relay\ All

Bib	Name	Team	Age	Gen	Finish	AG	OA	FO
83	Koenig, Ezra Swim (0:19:51.6) T1 (0:00:53.7)	Three Amigos Bike (0:46:16.7) T2 (0:00:24.3)	14	M	1:34:00.8	1	1	3
83	Thorn, Josh Swim (0:19:51.6) T1 (0:00:53.7)	three amigos Bike (0:46:16.7) T2 (0:00:24.3)	22	M	1:34:00.8	1	1	3
83	Bonney, Scott Swim (0:19:51.6) T1 (0:00:53.7)	three amigos Bike (0:46:16.7) T2 (0:00:24.3)	52	M	1:34:00.8	1	1	3
85	Turner, Lee Swim (0:21:58.0) T1 (0:00:39.6)	Team Awesome Bike (0:53:16.9) T2 (0:00:22.7)	57	M	1:40:43.1	2	2	6
85	Turner, Jesse Swim (0:21:58.0) T1 (0:00:39.6)	Team Awesome Bike (0:53:16.9) T2 (0:00:22.7)	14	M	1:40:43.1	2	2	6
85	Turner, Cody Swim (0:21:58.0) T1 (0:00:39.6)	Team Awesome Bike (0:53:16.9) T2 (0:00:22.7)	16	M	1:40:43.1	2	2	6
89	Griffith, Lynn Swim (0:22:11.9) T1 (0:03:07.3)	Team Rocky Bike (0:47:57.7) T2 (0:00:29.0)	64	M	1:47:04.0	3	3	8
89	Griffith, Geraldine Swim (0:22:11.9) T1 (0:03:07.3)	Team Rocky Bike (0:47:57.7) T2 (0:00:29.0)	59	F	1:47:04.0	3	3	8
86	Porter, Jonathan Swim (0:21:30.4) T1 (0:00:40.6)	2GrIs&aGy Bike (1:01:23.2) T2 (0:00:20.2)	49	M	1:48:53.4	4	4	11
86	Shaw, Hanh Swim (0:21:30.4) T1 (0:00:40.6)	2GrIs&aGy Bike (1:01:23.2) T2 (0:00:20.2)	36	F	1:48:53.4	4	4	11
86	Lambert, Theresa Swim (0:21:30.4) T1 (0:00:40.6)	2GrIs&aGy Bike (1:01:23.2) T2 (0:00:20.2)	48	F	1:48:53.4	4	4	11
88	Lewis, Clay Swim (0:19:31.7) T1 (0:01:07.9)	Catch-22's Bike (1:07:36.9) T2 (0:00:23.7)	22	M	2:00:08.2	5	5	14
88	Calhoun, Aaron Swim (0:19:31.7) T1 (0:01:07.9)	Catch-22's Bike (1:07:36.9) T2 (0:00:23.7)	22	M	2:00:08.2	5	5	14
88	Hirman, Samantha Swim (0:19:31.7) T1 (0:01:07.9)	Catch-22's Bike (1:07:36.9) T2 (0:00:23.7)	22	F	2:00:08.2	5	5	14
82	Plastina, Karin Swim (0:23:11.5) T1 (0:00:53.7)	HC3 Bike (1:00:55.6) T2 (0:00:25.2)	46	F	2:01:20.9	6	6	17
82	Gregory, Cathy Swim (0:23:11.5) T1 (0:00:53.7)	HC3 Bike (1:00:55.6) T2 (0:00:25.2)	43	F	2:01:20.9	6	6	17
82	Monroe, Keri Swim (0:23:11.5) T1 (0:00:53.7)	HC3 Bike (1:00:55.6) T2 (0:00:25.2)	41	F	2:01:20.9	6	6	17
81	Roth, Ruth Swim (0:37:27.5) T1 (0:00:54.5)	Two Buns and a Weiner Bike (0:45:07.0) T2 (0:00:19.6)	47	F	2:03:50.6	7	7	20
81	Raab, Julie Swim (0:37:27.5) T1 (0:00:54.5)	Two Buns and a Weiner Bike (0:45:07.0) T2 (0:00:19.6)	45	F	2:03:50.6	7	7	20
81	Roth, Doug Swim (0:37:27.5) T1 (0:00:54.5)	Two Buns and a Weiner Bike (0:45:07.0) T2 (0:00:19.6)	49	M	2:03:50.6	7	7	20