

Heart of the Sound Triathlon Overall Results

2006-08-27

Sprint (Open) F

Bib	Name	City, State	Age	Gen	Finish	AG	OA
229	Orcutt, Tracy swim (0:11:49.2) t1 (0:01:18.5)	Seattle, WA bike (0:40:40.0) t2 (0:00:38.3)	39	F	1:15:38.3	1	1
252	Abraham, Nancy swim (0:13:18.1) t1 (0:01:22.6)	Stalacoom, WA bike (0:47:56.9) t2 (0:00:41.4)	49	F	1:27:15.9	1	2
238	Van Dyke, Gretchen swim (0:13:59.3) t1 (0:01:56.2)	Tacoma, WA bike (0:50:05.7) t2 (0:00:49.8)	28	F	1:32:24.8	1	3
200	Binder, Nina swim (0:14:39.9) t1 (0:02:16.8)	Seattle, WA bike (0:50:39.7) t2 (0:01:00.3)	40	F	1:40:29.5	2	4
208	Duerr, Katie swim (0:17:00.7) t1 (0:01:22.1)	Seattle, WA bike (0:53:29.4) t2 (0:01:10.1)	28	F	1:42:26.2	2	5
214	Graseck, Abigail swim (0:17:47.7) t1 (0:02:56.7)	Seattle, WA bike (0:54:16.7) t2 (0:01:08.3)	28	F	1:42:58.5	3	6
224	Mckinnon, Heather swim (0:16:26.5) t1 (0:02:45.9)	Vashon, WA bike (0:52:16.9) t2 (0:01:32.0)	45	F	1:42:59.1	3	7
228	Oglesby, Celeste swim (0:16:28.3) t1 (0:01:40.9)	Mountlake Terrac, WA bike (0:55:13.7) t2 (0:01:01.0)	41	F	1:43:41.8	4	8
226	Mittelstaedt, Mo swim (0:16:03.7) t1 (0:01:48.5)	Port Angeles, WA bike (0:54:29.6) t2 (0:01:23.5)	51	F	1:44:17.4	2	9
251	Everett, Linda swim (0:14:15.2) t1 (0:04:33.1)	Vashon, WA bike (0:52:57.7) t2 (0:00:30.2)	44	F	1:44:21.1	5	10
203	Brookhyser, Joan swim (0:16:35.6) t1 (0:03:10.6)	Gig Harbor, WA bike (0:54:15.2) t2 (0:01:27.1)	52	F	1:45:08.0	3	11
212	Fox, Kelly swim (0:14:36.4) t1 (0:03:33.1)	Vashon, WA bike (0:52:30.7) t2 (0:00:31.5)	27	F	1:46:23.0	4	12
216	Iseberg, Cheryl swim (0:15:45.4) t1 (0:02:01.3)	Fircrest, WA bike (0:54:03.8) t2 (0:00:47.2)	41	F	1:46:59.0	6	13
235	Rossoff, Emma-Rose swim (0:18:03.6) t1 (0:03:30.4)	Seattle, WA bike (0:56:10.0) t2 (0:01:28.4)	22	F	1:47:22.0	5	14
211	Fisher, Judy swim (0:22:07.2) t1 (0:01:42.4)	Auburn, WA bike (0:55:18.6) t2 (0:00:49.7)	63	F	1:48:36.2	1	15
232	Potts, April swim (0:18:05.7) t1 (0:03:15.3)	Olympia, WA bike (0:58:08.4) t2 (0:00:47.3)	35	F	1:49:28.9	1	16
225	Meyer, Robyn swim (0:16:12.7) t1 (0:03:27.1)	Seattle, WA bike (0:58:58.2) t2 (0:01:33.1)	32	F	1:50:19.5	2	17
223	McKay Cole, Melody swim (0:16:54.3) t1 (0:02:28.1)	Vashon, WA bike (0:58:28.4) t2 (0:01:24.0)	35	F	1:50:26.0	3	18
217	Johnson, Martha swim (0:22:01.2) t1 (0:03:13.6)	Vashon, WA bike (0:51:51.4) t2 (0:01:31.2)	44	F	1:50:26.5	7	19
243	Zimmer-Stucky, Kasey swim (0:14:25.7) t1 (0:04:37.3)	Seattle, WA bike (0:59:15.1) t2 (0:01:44.7)	22	F	1:52:49.2	6	20
236	Sonoda, Zoe swim (0:16:10.7) t1 (0:01:47.6)	Lynnwood, WA bike (1:02:04.5) t2 (0:00:31.8)	37	F	1:52:50.3	4	21
233	Rodeheaver, Anne swim (0:16:17.6) t1 (0:01:38.9)	Marysville, WA bike (1:01:19.8) t2 (0:01:14.9)	31	F	1:53:06.6	5	22
204	Carlson, Kirsten swim (0:14:21.8) t1 (0:02:42.1)	Gig Harbor, WA bike (1:01:21.5) t2 (0:01:03.3)	37	F	1:55:02.7	6	23
241	Wannstedt, Elizabeth swim (0:11:51.8) t1 (0:01:55.8)	Steilacoom, WA bike (1:06:34.4) t2 (0:00:49.2)	24	F	1:56:03.4	7	24

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250	Twietmeyer, Katlyn swim (0:21:37.0) t1 (0:02:26.9)	Vashon, WA bike (1:03:39.6) t2 (0:00:39.1)	17	F	1:56:06.4	1	25
230	Perry, Jane swim (0:20:22.2) t1 (0:02:40.5)	Kent, WA bike (0:57:36.6) t2 (0:01:52.1)	38	F	1:56:45.5	7	26
205	Cloward, Corrynn swim (0:22:22.6) t1 (0:03:04.3)	Poulsbo, WA bike (1:01:43.4) t2 (0:00:43.0)	40	F	1:56:56.4	8	27
237	Stinson, Melanie swim (0:20:59.9) t1 (0:02:21.8)	Fircrest, WA bike (1:00:42.0) t2 (0:00:48.7)	29	F	1:56:58.4	8	28
201	Bogaard, Amy swim (0:17:05.8) t1 (0:04:34.6)	Vashon, WA bike (0:57:05.7) t2 (0:01:44.6)	45	F	1:57:52.7	9	29
215	Hanawalt, Kathy swim (0:15:10.5) t1 (0:03:48.8)	Tacoma, WA bike (1:04:46.0) t2 (0:01:05.3)	26	F	1:58:00.6	9	30
242	Willner, Amie swim (0:18:55.3) t1 (0:02:58.6)	Lynnwood, WA bike (1:05:38.7) t2 (0:00:33.4)	24	F	1:59:14.8	10	31
239	VanderZanden, Amy swim (0:16:49.7) t1 (0:02:28.0)	Vancouver, WA bike (1:02:25.2) t2 (0:00:59.8)	20	F	2:00:45.1	11	32
207	Dietsche, Allison swim (0:14:37.9) t1 (0:04:05.2)	Tacoma, WA bike (1:10:35.6) t2 (0:01:25.2)	24	F	2:01:27.6	12	33
240	Wade, Rebecca swim (0:16:25.2) t1 (0:02:59.0)	Burlington, WA bike (1:02:31.5) t2 (0:01:29.0)	49	F	2:03:54.7	10	34
221	Linkous, Lori swim (0:28:36.8) t1 (0:06:17.7)	Seattle, WA bike (1:03:24.1) t2 (0:01:29.7)	31	F	2:10:39.0	8	35
209	Dutt, Amy swim (0:23:19.4) t1 (0:03:14.1)	Seattle, WA bike (1:11:00.9) t2 (0:00:48.8)	33	F	2:11:30.3	9	36
220	Lawrence, Jamie swim (0:22:10.8) t1 (0:03:56.3)	Nine Mile Falls, WA bike (1:04:25.6) t2 (0:02:21.1)	36	F	2:11:43.9	10	37
210	Erickson, Sara swim (0:19:11.0) t1 (0:03:17.8)	Tacoma, WA bike (1:14:38.1) t2 (0:00:38.7)	29	F	2:12:49.1	13	38
219	Koehler, Kathy swim (0:16:38.3) t1 (0:02:23.5)	Brier, WA bike (1:07:06.6) t2 (0:01:47.0)	48	F	2:13:09.3	11	39
234	Rohlich, Elizabeth swim (0:18:30.2) t1 (0:04:03.8)	Austin, TX bike (1:09:15.2) t2 (0:01:46.4)	30	F	2:15:36.5	11	40
213	Gagliardo, Jill swim (0:20:15.4) t1 (0:03:10.4)	Seattle, WA bike (1:11:00.7) t2 (0:01:34.7)	40	F	2:17:09.9	12	41
231	Phaneuf, Carla swim (0:25:20.8) t1 (0:04:35.8)	Renton, WA bike (1:12:16.8) t2 (0:01:47.6)	44	F	2:22:09.9	13	42

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145	Townsend, Kendall swim (0:10:55.3) t1 (0:01:28.4)	Sedro Woolley, WA bike (0:40:26.1) t2 (0:00:29.7)	45	M	1:14:12.9	1	1
140	Seamster, Scott swim (0:11:16.5) t1 (0:00:46.8)	Seattle, WA bike (0:43:14.8) t2 (0:00:37.1)	21	M	1:17:44.8	1	2
102	Berntsen, Seth swim (0:13:59.1) t1 (0:01:11.6)	Seattle, WA bike (0:42:12.5) t2 (0:00:40.0)	31	M	1:18:27.3	1	3
147	Wade, Steven swim (0:13:13.7) t1 (0:01:11.6)	Bow, WA bike (0:42:16.2) t2 (0:00:35.6)	48	M	1:19:28.4	2	4
100	Beard, Toby swim (0:12:29.3) t1 (0:01:02.6)	Vashon, WA bike (0:41:22.5) t2 (0:00:32.5)	46	M	1:19:58.1	3	5
112	Davies, Trevor swim (0:13:32.7) t1 (0:00:56.8)	Portland, OR bike (0:41:16.5) t2 (0:00:28.9)	30	M	1:20:14.6	2	6
120	Gross, Jim swim (0:10:55.2) t1 (0:01:34.5)	Sedro Woolley, WA bike (0:44:24.4) t2 (0:00:43.9)	52	M	1:21:52.7	1	7
105	Carr, Chris swim (0:13:29.2) t1 (0:01:19.5)	Seattle, WA bike (0:44:32.5) t2 (0:00:30.5)	23	M	1:22:18.2	2	8
135	Petersen, Sascha swim (0:10:59.3) t1 (0:01:32.0)	Seattle, WA bike (0:45:29.2) t2 (0:00:34.2)	29	M	1:23:46.9	3	9
138	Ripley, Mark swim (0:14:09.6) t1 (0:01:49.6)	Vashon, WA bike (0:42:36.2) t2 (0:01:07.7)	44	M	1:23:55.6	4	10
128	Mann, Roy swim (0:14:13.6) t1 (0:00:55.8)	Seattle, WA bike (0:45:01.3) t2 (0:00:43.4)	44	M	1:26:13.8	5	11
110	Cottrell, James swim (0:15:12.4) t1 (0:01:43.3)	Vashon, WA bike (0:45:41.8) t2 (0:00:55.1)	46	M	1:27:02.3	6	12
111	Coyle, David swim (0:14:30.8) t1 (0:01:20.1)	Greenville, NC bike (0:48:25.6) t2 (0:01:10.6)	27	M	1:27:28.4	3	13
117	Fanta, Brad swim (0:12:16.0) t1 (0:01:49.9)	Seattle, WA bike (0:48:01.2) t2 (0:01:05.7)	40	M	1:27:59.4	7	14
121	Hanson, Joel swim (0:12:25.9) t1 (0:01:01.0)	Longview, WA bike (0:47:20.2) t2 (0:00:49.4)	40	M	1:28:51.5	8	15
144	Torgesen, Stephen swim (0:14:53.3) t1 (0:01:26.4)	Sequim, WA bike (0:46:22.6) t2 (0:00:35.5)	61	M	1:30:21.8	1	16
139	Sakai, James swim (0:16:38.8) t1 (0:02:07.2)	Lakewood, WA bike (0:48:00.6) t2 (0:00:46.2)	26	M	1:30:48.9	4	17
122	Haselton, Henry swim (0:14:27.7) t1 (0:01:42.0)	Vashon, WA bike (0:44:17.8) t2 (0:00:54.1)	42	M	1:30:53.5	9	18
109	Cole, J.B. swim (0:15:51.7) t1 (0:01:41.5)	Vashon, WA bike (0:47:03.8) t2 (0:00:33.1)	37	M	1:31:09.1	4	19
107	Chee, Brian swim (0:15:02.0) t1 (0:01:55.9)	Seattle, WA bike (0:48:10.3) t2 (0:00:51.9)	40	M	1:33:27.7	10	20
123	Hogan, Patrick swim (0:14:12.7) t1 (0:02:16.2)	Gig Harbor, WA bike (0:48:37.5) t2 (0:01:32.5)	55	M	1:34:19.1	2	21
160	Wood, Wally swim (0:17:05.0) t1 (0:02:14.0)	Vashon, WA bike (0:48:13.0) t2 (0:00:44.1)	55	M	1:35:13.4	3	22
141	Simon, Erik swim (0:14:17.8) t1 (0:01:25.1)	Seattle, WA bike (0:47:59.0) t2 (0:00:55.9)	33	M	1:35:32.2	5	23
113	Dick, Evan swim (0:16:41.1) t1 (0:02:32.9)	Seattle, WA bike (0:46:29.0) t2 (0:01:00.2)	25	M	1:35:35.9	5	24

Sprint (Open) M

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132	Murray, Graeme swim (0:12:43.7) t1 (--)	Seattle, WA bike (--) t2 (0:55:31.8)	14	M	1:36:36.6	1	25
162	Haller, Ralph swim (0:14:41.9) t1 (0:02:01.3)	Everett, WA bike (0:49:33.4) t2 (0:00:30.1)	50	M	1:37:17.2	4	26
130	Mersmann, Jeffrey swim (0:19:57.3) t1 (0:05:27.8)	Bremerton, WA bike (0:47:45.9) t2 (0:01:14.0)	38	M	1:40:08.4	6	27
133	Nilson, Curtis swim (0:14:37.9) t1 (0:03:50.7)	Marysville, WA bike (0:53:32.7) t2 (0:01:40.2)	38	M	1:40:40.2	7	28
101	Beck, Paul swim (0:14:44.2) t1 (0:03:10.7)	Ridgefield, WA bike (0:49:00.6) t2 (0:00:59.8)	21	M	1:41:11.0	6	29
103	Bogaard, Joseph swim (0:17:03.0) t1 (0:04:33.8)	Vashon, WA bike (0:49:51.5) t2 (0:02:19.6)	40	M	1:42:36.9	11	30
127	Lynge, Dana swim (0:17:19.0) t1 (0:02:40.9)	Vashon, WA bike (0:53:41.1) t2 (0:01:24.7)	50	M	1:44:02.7	5	31
161	Everett, Jason swim (0:13:39.8) t1 (0:04:00.4)	Vashon, WA bike (0:55:35.5) t2 (0:00:52.9)	37	M	1:44:41.6	8	32
163	Krukar, Lou swim (0:16:34.9) t1 (0:01:53.3)	Poulsbo, WA bike (0:56:47.5) t2 (0:01:06.2)	52	M	1:45:48.9	6	33
118	Farris, Jim swim (0:17:00.7) t1 (0:03:48.9)	Vashon, WA bike (0:54:12.9) t2 (0:01:36.4)	52	M	1:46:02.0	7	34
104	Bond, Mike swim (0:23:39.9) t1 (0:02:33.8)	Kirkland, WA bike (0:50:14.6) t2 (0:01:27.8)	41	M	1:47:00.5	12	35
129	Massingham, Peter swim (0:16:36.2) t1 (0:03:36.2)	Port Angeles, WA bike (0:50:01.8) t2 (0:01:56.3)	43	M	1:47:09.7	13	36
142	Spranger, Mike swim (0:18:54.6) t1 (0:03:59.8)	Vashon, WA bike (0:51:14.4) t2 (0:01:30.9)	40	M	1:47:20.6	14	37
136	Pilo, Ben swim (0:17:42.4) t1 (0:03:29.6)	Bellevue, WA bike (0:50:15.4) t2 (0:01:25.9)	26	M	1:49:34.4	7	38
124	Horne, Michael swim (0:15:37.0) t1 (0:04:59.4)	Vashon, WA bike (0:53:11.8) t2 (0:01:27.4)	62	M	1:50:39.8	2	39
106	Chasan, Dan swim (0:19:19.2) t1 (0:03:33.0)	Vashon, WA bike (1:00:04.7) t2 (0:00:41.3)	63	M	1:50:54.4	3	40
126	Knottnerus, Hank swim (0:17:07.7) t1 (0:08:17.3)	Bainbridge Islan, WA bike (1:01:18.2) t2 (0:01:10.5)	48	M	1:53:35.3	15	41
134	Paul, Steve swim (0:21:06.2) t1 (0:03:39.3)	Tacoma, WA bike (0:56:54.6) t2 (0:01:32.3)	54	M	1:53:37.8	8	42
148	Wolny, Jessup swim (0:20:07.6) t1 (0:03:53.7)	Vashon, WA bike (0:55:31.0) t2 (0:00:31.5)	28	M	1:54:53.0	8	43
137	Plummer, Bob swim (0:17:56.1) t1 (0:04:28.0)	Lynnwood, WA bike (0:57:12.8) t2 (0:01:29.7)	44	M	1:56:41.1	16	44
125	Jankowski, Jed swim (0:22:59.4) t1 (0:05:04.8)	Vahson, WA bike (0:56:29.5) t2 (0:01:45.0)	32	M	1:59:13.7	9	45
115	Ellingson, Don swim (0:19:20.2) t1 (0:08:39.3)	Lakewood, WA bike (1:22:14.3) t2 (0:02:19.9)	74	M	2:46:47.7	4	46

Sprint (Relay) F

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91	Aickin, Lindsay swim (0:15:12.5) t1 (0:00:58.8)	Vashon, WA bike (1:00:12.8) t2 (0:00:40.2)	53	F	1:45:09.4	1	1
91	Cyra, Lisa swim (0:15:12.5) t1 (0:00:58.8)	Vashon, WA bike (1:00:12.8) t2 (0:00:40.2)	47	F	1:45:09.4	1	1
91	Robinson, Mary swim (0:15:12.5) t1 (0:00:58.8)	Vashon, WA bike (1:00:12.8) t2 (0:00:40.2)	46	F	1:45:09.4	1	1
81	Snyder, Kathleen swim (0:17:49.6) t1 (0:00:39.6)	Vashon, WA bike (0:56:32.5) t2 (0:00:36.9)	45	F	1:47:05.9	2	2
81	Lawrence, Joy swim (0:17:49.6) t1 (0:00:39.6)	Suquamish, WA bike (0:56:32.5) t2 (0:00:36.9)	45	F	1:47:05.9	2	2
81	O'Connell, Deb swim (0:17:49.6) t1 (0:00:39.6)	Renton, WA bike (0:56:32.5) t2 (0:00:36.9)	43	F	1:47:05.9	2	2
90	Van Houdt, Kate swim (0:27:52.2) t1 (0:01:12.1)	Vashon, WA bike (0:55:34.1) t2 (0:00:28.9)	39	F	1:59:27.7	3	3
90	Whitlock, Shelly swim (0:27:52.2) t1 (0:01:12.1)	Vashon, WA bike (0:55:34.1) t2 (0:00:28.9)	42	F	1:59:27.7	3	3
90	Van Houdt, Aggie swim (0:27:52.2) t1 (0:01:12.1)	Kirkland, WA bike (0:55:34.1) t2 (0:00:28.9)	40	F	1:59:27.7	3	3
87	Sakaida, Akemi swim (0:18:04.1) t1 (0:01:46.2)	Seattle, WA bike (1:06:50.9) t2 (0:01:08.9)	37	F	2:02:35.9	4	4
87	Sakaida, Akemi swim (0:18:04.1) t1 (0:01:46.2)	Seattle, WA bike (1:06:50.9) t2 (0:01:08.9)	37	F	2:02:35.9	4	4
87	Weatherford, Sally swim (0:18:04.1) t1 (0:01:46.2)	Seattle, WA bike (1:06:50.9) t2 (0:01:08.9)	49	F	2:02:35.9	4	4

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82	Abel, Steve swim (0:14:07.1) t1 (0:01:08.4)	Burton, WA bike (0:49:03.2) t2 (0:00:36.0)	54	M	1:30:00.5	1	1
82	Raymond, Jeff swim (0:14:07.1) t1 (0:01:08.4)	Burton, WA bike (0:49:03.2) t2 (0:00:36.0)	45	M	1:30:00.5	1	1
82	Bonney, Scott swim (0:14:07.1) t1 (0:01:08.4)	Burton , WA bike (0:49:03.2) t2 (0:00:36.0)	50	M	1:30:00.5	1	1

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84	Clark, Jay swim (0:14:57.9) t1 (0:00:45.6)	Shoreline, WA bike (0:42:43.7) t2 (0:00:29.0)	42	M	1:23:41.6	1	1
84	Boettcher, Jason swim (0:14:57.9) t1 (0:00:45.6)	Seattle, WA bike (0:42:43.7) t2 (0:00:29.0)	34	M	1:23:41.6	1	1
84	Herrick, Joan swim (0:14:57.9) t1 (0:00:45.6)	Shoreline, WA bike (0:42:43.7) t2 (0:00:29.0)	52	F	1:23:41.6	1	1
89	Cyra, Bruce swim (0:16:21.9) t1 (0:00:58.2)	Vashon, WA bike (0:50:08.0) t2 (0:00:27.6)	48	M	1:27:50.8	2	2
89	North, Simon swim (0:16:21.9) t1 (0:00:58.2)	Vashon, WA bike (0:50:08.0) t2 (0:00:27.6)	37	M	1:27:50.8	2	2
89	Charron, Inga swim (0:16:21.9) t1 (0:00:58.2)	Vashon, WA bike (0:50:08.0) t2 (0:00:27.6)	56	F	1:27:50.8	2	2
86	Bannink, Jeannette swim (0:12:47.0) t1 (0:00:46.9)	Seattle, WA bike (0:47:05.3) t2 (0:00:32.0)	45	F	1:29:11.6	3	3
86	Adamo, Jeff swim (0:12:47.0) t1 (0:00:46.9)	Seattle, WA bike (0:47:05.3) t2 (0:00:32.0)	23	M	1:29:11.6	3	3
86	Kumer, John swim (0:12:47.0) t1 (0:00:46.9)	Seattle, WA bike (0:47:05.3) t2 (0:00:32.0)	38	M	1:29:11.6	3	3
88	Turner, Sheri swim (0:14:58.5) t1 (0:00:42.8)	Vashon, WA bike (1:00:45.7) t2 (0:00:25.8)	44	F	1:44:01.2	4	4
88	Turner, Lee swim (0:14:58.5) t1 (0:00:42.8)	Vashon, WA bike (1:00:45.7) t2 (0:00:25.8)	55	M	1:44:01.2	4	4
88	Turner, Cody swim (0:14:58.5) t1 (0:00:42.8)	Vashon, WA bike (1:00:45.7) t2 (0:00:25.8)	14	M	1:44:01.2	4	4
83	Knightlinger, Stephanie swim (0:18:35.4) t1 (0:00:50.3)	Seattle, WA bike (0:54:22.3) t2 (0:00:27.8)	26	F	1:50:35.2	5	5
83	Hathaway, Shawli swim (0:18:35.4) t1 (0:00:50.3)	Seattle, WA bike (0:54:22.3) t2 (0:00:27.8)	27	F	1:50:35.2	5	5
83	Greenberg, Steven swim (0:18:35.4) t1 (0:00:50.3)	Seattle, WA bike (0:54:22.3) t2 (0:00:27.8)	27	M	1:50:35.2	5	5
85	Manca, Maria swim (0:16:31.1) t1 (0:01:03.7)	Seattle, WA bike (1:08:22.5) t2 (0:00:31.9)	27	F	2:01:00.7	6	6
85	Fox, Michael swim (0:16:31.1) t1 (0:01:03.7)	Vashon, WA bike (1:08:22.5) t2 (0:00:31.9)	62	M	2:01:00.7	6	6
85	Dusenberry, Marieke swim (0:16:31.1) t1 (0:01:03.7)	Seattle, WA bike (1:08:22.5) t2 (0:00:31.9)	27	F	2:01:00.7	6	6