

# **Heart of the Sound Triathlon Age Group Results**

2006-08-27

# Sprint \Open\ F19 Under

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>
250	Twietmeyer, Katlyn	Vashon, WA	17	F	1:56:06.4	1	25
	swim ( 0:21:37.0 ) t1 ( 0:02:26.9 )	bike ( 1:03:39.6 ) t2 ( 0:00:39.1 )	run ( 0:27:43.6 )				

# Sprint \Open\ F20-29

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>
238	Van Dyke, Gretchen swim ( 0:13:59.3 ) t1 ( 0:01:56.2 )	Tacoma, WA bike ( 0:50:05.7 ) t2 ( 0:00:49.8 )	28	F	1:32:24.8	1	3
208	Duerr, Katie swim ( 0:17:00.7 ) t1 ( 0:01:22.1 )	Seattle, WA bike ( 0:53:29.4 ) t2 ( 0:01:10.1 )	28	F	1:42:26.2	2	5
214	Graseck, Abigail swim ( 0:17:47.7 ) t1 ( 0:02:56.7 )	Seattle, WA bike ( 0:54:16.7 ) t2 ( 0:01:08.3 )	28	F	1:42:58.5	3	6
212	Fox, Kelly swim ( 0:14:36.4 ) t1 ( 0:03:33.1 )	Vashon, WA bike ( 0:52:30.7 ) t2 ( 0:00:31.5 )	27	F	1:46:23.0	4	12
235	Rossoff, Emma-Rose swim ( 0:18:03.6 ) t1 ( 0:03:30.4 )	Seattle, WA bike ( 0:56:10.0 ) t2 ( 0:01:28.4 )	22	F	1:47:22.0	5	14
243	Zimmer-Stucky, Kasey swim ( 0:14:25.7 ) t1 ( 0:04:37.3 )	Seattle, WA bike ( 0:59:15.1 ) t2 ( 0:01:44.7 )	22	F	1:52:49.2	6	20
241	Wannstedt, Elizabeth swim ( 0:11:51.8 ) t1 ( 0:01:55.8 )	Steilacoom, WA bike ( 1:06:34.4 ) t2 ( 0:00:49.2 )	24	F	1:56:03.4	7	24
237	Stinson, Melanie swim ( 0:20:59.9 ) t1 ( 0:02:21.8 )	Fircrest, WA bike ( 1:00:42.0 ) t2 ( 0:00:48.7 )	29	F	1:56:58.4	8	28
215	Hanawalt, Kathy swim ( 0:15:10.5 ) t1 ( 0:03:48.8 )	Tacoma, WA bike ( 1:04:46.0 ) t2 ( 0:01:05.3 )	26	F	1:58:00.6	9	30
242	Willner, Amie swim ( 0:18:55.3 ) t1 ( 0:02:58.6 )	Lynnwood, WA bike ( 1:05:38.7 ) t2 ( 0:00:33.4 )	24	F	1:59:14.8	10	31
239	VanderZanden, Amy swim ( 0:16:49.7 ) t1 ( 0:02:28.0 )	Vancouver, WA bike ( 1:02:25.2 ) t2 ( 0:00:59.8 )	20	F	2:00:45.1	11	32
207	Dietsche, Allison swim ( 0:14:37.9 ) t1 ( 0:04:05.2 )	Tacoma, WA bike ( 1:10:35.6 ) t2 ( 0:01:25.2 )	24	F	2:01:27.6	12	33
210	Erickson, Sara swim ( 0:19:11.0 ) t1 ( 0:03:17.8 )	Tacoma, WA bike ( 1:14:38.1 ) t2 ( 0:00:38.7 )	29	F	2:12:49.1	13	38

# Sprint \Open\ F30-39

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>
232	Potts, April swim ( 0:18:05.7 ) t1 ( 0:03:15.3 )	Olympia, WA bike ( 0:58:08.4 ) t2 ( 0:00:47.3 )	35	F	1:49:28.9	1	16
225	Meyer, Robyn swim ( 0:16:12.7 ) t1 ( 0:03:27.1 )	Seattle, WA bike ( 0:58:58.2 ) t2 ( 0:01:33.1 )	32	F	1:50:19.5	2	17
223	McKay Cole, Melody swim ( 0:16:54.3 ) t1 ( 0:02:28.1 )	Vashon, WA bike ( 0:58:28.4 ) t2 ( 0:01:24.0 )	35	F	1:50:26.0	3	18
236	Sonoda, Zoe swim ( 0:16:10.7 ) t1 ( 0:01:47.6 )	Lynnwood, WA bike ( 1:02:04.5 ) t2 ( 0:00:31.8 )	37	F	1:52:50.3	4	21
233	Rodeheaver, Anne swim ( 0:16:17.6 ) t1 ( 0:01:38.9 )	Marysville, WA bike ( 1:01:19.8 ) t2 ( 0:01:14.9 )	31	F	1:53:06.6	5	22
204	Carlson, Kirsten swim ( 0:14:21.8 ) t1 ( 0:02:42.1 )	Gig Harbor, WA bike ( 1:01:21.5 ) t2 ( 0:01:03.3 )	37	F	1:55:02.7	6	23
230	Perry, Jane swim ( 0:20:22.2 ) t1 ( 0:02:40.5 )	Kent, WA bike ( 0:57:36.6 ) t2 ( 0:01:52.1 )	38	F	1:56:45.5	7	26
221	Linkous, Lori swim ( 0:28:36.8 ) t1 ( 0:06:17.7 )	Seattle, WA bike ( 1:03:24.1 ) t2 ( 0:01:29.7 )	31	F	2:10:39.0	8	35
209	Dutt, Amy swim ( 0:23:19.4 ) t1 ( 0:03:14.1 )	Seattle, WA bike ( 1:11:00.9 ) t2 ( 0:00:48.8 )	33	F	2:11:30.3	9	36
220	Lawrence, Jamie swim ( 0:22:10.8 ) t1 ( 0:03:56.3 )	Nine Mile Falls, WA bike ( 1:04:25.6 ) t2 ( 0:02:21.1 )	36	F	2:11:43.9	10	37
234	Rohlich, Elizabeth swim ( 0:18:30.2 ) t1 ( 0:04:03.8 )	Austin, TX bike ( 1:09:15.2 ) t2 ( 0:01:46.4 )	30	F	2:15:36.5	11	40

# Sprint \Open\ F40-49

Bib	Name	City, State	Age	Gen	Finish	AG	OA
229	Orcutt, Tracy swim ( 0:11:49.2 ) t1 ( 0:01:18.5 )	Seattle, WA bike ( 0:40:40.0 ) t2 ( 0:00:38.3 )	39	F	1:15:38.3	1	1
200	Binder, Nina swim ( 0:14:39.9 ) t1 ( 0:02:16.8 )	Seattle, WA bike ( 0:50:39.7 ) t2 ( 0:01:00.3 )	40	F	1:40:29.5	2	4
224	Mckinnon, Heather swim ( 0:16:26.5 ) t1 ( 0:02:45.9 )	Vashon, WA bike ( 0:52:16.9 ) t2 ( 0:01:32.0 )	45	F	1:42:59.1	3	7
228	Oglesby, Celeste swim ( 0:16:28.3 ) t1 ( 0:01:40.9 )	Mountlake Terrac, WA bike ( 0:55:13.7 ) t2 ( 0:01:01.0 )	41	F	1:43:41.8	4	8
251	Everett, Linda swim ( 0:14:15.2 ) t1 ( 0:04:33.1 )	Vashon, WA bike ( 0:52:57.7 ) t2 ( 0:00:30.2 )	44	F	1:44:21.1	5	10
216	Iseberg, Cheryl swim ( 0:15:45.4 ) t1 ( 0:02:01.3 )	Fircrest, WA bike ( 0:54:03.8 ) t2 ( 0:00:47.2 )	41	F	1:46:59.0	6	13
217	Johnson, Martha swim ( 0:22:01.2 ) t1 ( 0:03:13.6 )	Vashon, WA bike ( 0:51:51.4 ) t2 ( 0:01:31.2 )	44	F	1:50:26.5	7	19
205	Cloward, Corrynn swim ( 0:22:22.6 ) t1 ( 0:03:04.3 )	Poulsbo, WA bike ( 1:01:43.4 ) t2 ( 0:00:43.0 )	40	F	1:56:56.4	8	27
201	Bogaard, Amy swim ( 0:17:05.8 ) t1 ( 0:04:34.6 )	Vashon, WA bike ( 0:57:05.7 ) t2 ( 0:01:44.6 )	45	F	1:57:52.7	9	29
240	Wade, Rebecca swim ( 0:16:25.2 ) t1 ( 0:02:59.0 )	Burlington, WA bike ( 1:02:31.5 ) t2 ( 0:01:29.0 )	49	F	2:03:54.7	10	34
219	Koehler, Kathy swim ( 0:16:38.3 ) t1 ( 0:02:23.5 )	Brier, WA bike ( 1:07:06.6 ) t2 ( 0:01:47.0 )	48	F	2:13:09.3	11	39
213	Gagliardo, Jill swim ( 0:20:15.4 ) t1 ( 0:03:10.4 )	Seattle, WA bike ( 1:11:00.7 ) t2 ( 0:01:34.7 )	40	F	2:17:09.9	12	41
231	Phaneuf, Carla swim ( 0:25:20.8 ) t1 ( 0:04:35.8 )	Renton, WA bike ( 1:12:16.8 ) t2 ( 0:01:47.6 )	44	F	2:22:09.9	13	42

## Sprint \ (Open\ ) F50-59

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>
252	Abraham, Nancy swim ( 0:13:18.1 ) t1 ( 0:01:22.6 )	Stalacoom, WA bike ( 0:47:56.9 ) t2 ( 0:00:41.4 )	49	F	1:27:15.9	1	2
226	Mittelstaedt, Mo swim ( 0:16:03.7 ) t1 ( 0:01:48.5 )	Port Angeles, WA bike ( 0:54:29.6 ) t2 ( 0:01:23.5 )	51	F	1:44:17.4	2	9
203	Brookhyser, Joan swim ( 0:16:35.6 ) t1 ( 0:03:10.6 )	Gig Harbor, WA bike ( 0:54:15.2 ) t2 ( 0:01:27.1 )	52	F	1:45:08.0	3	11

# Sprint \Open\ F60+

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>
211	Fisher, Judy swim ( 0:22:07.2 ) t1 ( 0:01:42.4 )	Auburn, WA bike ( 0:55:18.6 ) t2 ( 0:00:49.7 )	63	F	1:48:36.2	1	15
				run ( 0:28:38.1 )			

# Sprint \Open\ M19 Under

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>
132	Murray, Graeme swim ( 0:12:43.7 ) t1 ( -- )	Seattle, WA bike ( -- )	14	M	1:36:36.6	1	25
		t2 ( 0:55:31.8 )		run ( 0:28:21.0 )			

# Sprint \Open\ M20-29

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>
140	Seamster, Scott swim ( 0:11:16.5 ) t1 ( 0:00:46.8 )	Seattle, WA bike ( 0:43:14.8 ) t2 ( 0:00:37.1 )	21	M	1:17:44.8	1	2
105	Carr, Chris swim ( 0:13:29.2 ) t1 ( 0:01:19.5 )	Seattle, WA bike ( 0:44:32.5 ) t2 ( 0:00:30.5 )	23	M	1:22:18.2	2	8
111	Coyle, David swim ( 0:14:30.8 ) t1 ( 0:01:20.1 )	Greenville, NC bike ( 0:48:25.6 ) t2 ( 0:01:10.6 )	27	M	1:27:28.4	3	13
139	Sakai, James swim ( 0:16:38.8 ) t1 ( 0:02:07.2 )	Lakewood, WA bike ( 0:48:00.6 ) t2 ( 0:00:46.2 )	26	M	1:30:48.9	4	17
113	Dick, Evan swim ( 0:16:41.1 ) t1 ( 0:02:32.9 )	Seattle, WA bike ( 0:46:29.0 ) t2 ( 0:01:00.2 )	25	M	1:35:35.9	5	24
101	Beck, Paul swim ( 0:14:44.2 ) t1 ( 0:03:10.7 )	Ridgefield, WA bike ( 0:49:00.6 ) t2 ( 0:00:59.8 )	21	M	1:41:11.0	6	29
136	Pilo, Ben swim ( 0:17:42.4 ) t1 ( 0:03:29.6 )	Bellevue, WA bike ( 0:50:15.4 ) t2 ( 0:01:25.9 )	26	M	1:49:34.4	7	38
148	Wolny, Jessup swim ( 0:20:07.6 ) t1 ( 0:03:53.7 )	Vashon, WA bike ( 0:55:31.0 ) t2 ( 0:00:31.5 )	28	M	1:54:53.0	8	43

# Sprint \Open\ M30-39

Bib	Name	City, State	Age	Gen	Finish	AG	OA
102	Berntsen, Seth swim ( 0:13:59.1 ) t1 ( 0:01:11.6 )	Seattle, WA bike ( 0:42:12.5 ) t2 ( 0:00:40.0 )	31	M	1:18:27.3	1	3
112	Davies, Trevor swim ( 0:13:32.7 ) t1 ( 0:00:56.8 )	Portland, OR bike ( 0:41:16.5 ) t2 ( 0:00:28.9 )	30	M	1:20:14.6	2	6
135	Petersen, Sascha swim ( 0:10:59.3 ) t1 ( 0:01:32.0 )	Seattle, WA bike ( 0:45:29.2 ) t2 ( 0:00:34.2 )	29	M	1:23:46.9	3	9
109	Cole, J.B. swim ( 0:15:51.7 ) t1 ( 0:01:41.5 )	Vashon, WA bike ( 0:47:03.8 ) t2 ( 0:00:33.1 )	37	M	1:31:09.1	4	19
141	Simon, Erik swim ( 0:14:17.8 ) t1 ( 0:01:25.1 )	Seattle, WA bike ( 0:47:59.0 ) t2 ( 0:00:55.9 )	33	M	1:35:32.2	5	23
130	Mersmann, Jeffrey swim ( 0:19:57.3 ) t1 ( 0:05:27.8 )	Bremerton, WA bike ( 0:47:45.9 ) t2 ( 0:01:14.0 )	38	M	1:40:08.4	6	27
133	Nilson, Curtis swim ( 0:14:37.9 ) t1 ( 0:03:50.7 )	Marysville, WA bike ( 0:53:32.7 ) t2 ( 0:01:40.2 )	38	M	1:40:40.2	7	28
161	Everett, Jason swim ( 0:13:39.8 ) t1 ( 0:04:00.4 )	Vashon, WA bike ( 0:55:35.5 ) t2 ( 0:00:52.9 )	37	M	1:44:41.6	8	32
125	Jankowski, Jed swim ( 0:22:59.4 ) t1 ( 0:05:04.8 )	Vahson, WA bike ( 0:56:29.5 ) t2 ( 0:01:45.0 )	32	M	1:59:13.7	9	45

# Sprint \Open\ M40-49

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>
145	Townsend, Kendall swim ( 0:10:55.3 ) t1 ( 0:01:28.4 )	Sedro Woolley, WA bike ( 0:40:26.1 ) t2 ( 0:00:29.7 )	45	M	1:14:12.9	1	1
147	Wade, Steven swim ( 0:13:13.7 ) t1 ( 0:01:11.6 )	Bow, WA bike ( 0:42:16.2 ) t2 ( 0:00:35.6 )	48	M	1:19:28.4	2	4
100	Beard, Toby swim ( 0:12:29.3 ) t1 ( 0:01:02.6 )	Vashon, WA bike ( 0:41:22.5 ) t2 ( 0:00:32.5 )	46	M	1:19:58.1	3	5
138	Ripley, Mark swim ( 0:14:09.6 ) t1 ( 0:01:49.6 )	Vashon, WA bike ( 0:42:36.2 ) t2 ( 0:01:07.7 )	44	M	1:23:55.6	4	10
128	Mann, Roy swim ( 0:14:13.6 ) t1 ( 0:00:55.8 )	Seattle, WA bike ( 0:45:01.3 ) t2 ( 0:00:43.4 )	44	M	1:26:13.8	5	11
110	Cottrell, James swim ( 0:15:12.4 ) t1 ( 0:01:43.3 )	Vashon, WA bike ( 0:45:41.8 ) t2 ( 0:00:55.1 )	46	M	1:27:02.3	6	12
117	Fanta, Brad swim ( 0:12:16.0 ) t1 ( 0:01:49.9 )	Seattle, WA bike ( 0:48:01.2 ) t2 ( 0:01:05.7 )	40	M	1:27:59.4	7	14
121	Hanson, Joel swim ( 0:12:25.9 ) t1 ( 0:01:01.0 )	Longview, WA bike ( 0:47:20.2 ) t2 ( 0:00:49.4 )	40	M	1:28:51.5	8	15
122	Haselton, Henry swim ( 0:14:27.7 ) t1 ( 0:01:42.0 )	Vashon, WA bike ( 0:44:17.8 ) t2 ( 0:00:54.1 )	42	M	1:30:53.5	9	18
107	Chee, Brian swim ( 0:15:02.0 ) t1 ( 0:01:55.9 )	Seattle, WA bike ( 0:48:10.3 ) t2 ( 0:00:51.9 )	40	M	1:33:27.7	10	20
103	Bogaard, Joseph swim ( 0:17:03.0 ) t1 ( 0:04:33.8 )	Vashon, WA bike ( 0:49:51.5 ) t2 ( 0:02:19.6 )	40	M	1:42:36.9	11	30
104	Bond, Mike swim ( 0:23:39.9 ) t1 ( 0:02:33.8 )	Kirkland, WA bike ( 0:50:14.6 ) t2 ( 0:01:27.8 )	41	M	1:47:00.5	12	35
129	Massingham, Peter swim ( 0:16:36.2 ) t1 ( 0:03:36.2 )	Port Angeles, WA bike ( 0:50:01.8 ) t2 ( 0:01:56.3 )	43	M	1:47:09.7	13	36
142	Spranger, Mike swim ( 0:18:54.6 ) t1 ( 0:03:59.8 )	Vashon, WA bike ( 0:51:14.4 ) t2 ( 0:01:30.9 )	40	M	1:47:20.6	14	37
126	Knottnerus, Hank swim ( 0:17:07.7 ) t1 ( 0:08:17.3 )	Bainbridge Islan, WA bike ( 1:01:18.2 ) t2 ( 0:01:10.5 )	48	M	1:53:35.3	15	41
137	Plummer, Bob swim ( 0:17:56.1 ) t1 ( 0:04:28.0 )	Lynnwood, WA bike ( 0:57:12.8 ) t2 ( 0:01:29.7 )	44	M	1:56:41.1	16	44

## Sprint \Open\ M50-59

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>
120	Gross, Jim swim ( 0:10:55.2 ) t1 ( 0:01:34.5 )	Sedro Woolley, WA bike ( 0:44:24.4 ) t2 ( 0:00:43.9 )	52	M	1:21:52.7	1	7
123	Hogan, Patrick swim ( 0:14:12.7 ) t1 ( 0:02:16.2 )	Gig Harbor, WA bike ( 0:48:37.5 ) t2 ( 0:01:32.5 )	55	M	1:34:19.1	2	21
160	Wood, Wally swim ( 0:17:05.0 ) t1 ( 0:02:14.0 )	Vashon, WA bike ( 0:48:13.0 ) t2 ( 0:00:44.1 )	55	M	1:35:13.4	3	22
162	Haller, Ralph swim ( 0:14:41.9 ) t1 ( 0:02:01.3 )	Everett, WA bike ( 0:49:33.4 ) t2 ( 0:00:30.1 )	50	M	1:37:17.2	4	26
127	Lynge, Dana swim ( 0:17:19.0 ) t1 ( 0:02:40.9 )	Vashon, WA bike ( 0:53:41.1 ) t2 ( 0:01:24.7 )	50	M	1:44:02.7	5	31
163	Krukar, Lou swim ( 0:16:34.9 ) t1 ( 0:01:53.3 )	Poulsbo, WA bike ( 0:56:47.5 ) t2 ( 0:01:06.2 )	52	M	1:45:48.9	6	33
118	Farris, Jim swim ( 0:17:00.7 ) t1 ( 0:03:48.9 )	Vashon, WA bike ( 0:54:12.9 ) t2 ( 0:01:36.4 )	52	M	1:46:02.0	7	34
134	Paul, Steve swim ( 0:21:06.2 ) t1 ( 0:03:39.3 )	Tacoma, WA bike ( 0:56:54.6 ) t2 ( 0:01:32.3 )	54	M	1:53:37.8	8	42

# Sprint \Open\ M60+

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>
144	Torgesen, Stephen swim ( 0:14:53.3 ) t1 ( 0:01:26.4 )	Sequim, WA bike ( 0:46:22.6 ) t2 ( 0:00:35.5 )	61	M	1:30:21.8	1	16
124	Horne, Michael swim ( 0:15:37.0 ) t1 ( 0:04:59.4 )	Vashon, WA bike ( 0:53:11.8 ) t2 ( 0:01:27.4 )	62	M	1:50:39.8	2	39
106	Chasan, Dan swim ( 0:19:19.2 ) t1 ( 0:03:33.0 )	Vashon, WA bike ( 1:00:04.7 ) t2 ( 0:00:41.3 )	63	M	1:50:54.4	3	40
115	Ellingson, Don swim ( 0:19:20.2 ) t1 ( 0:08:39.3 )	Lakewood, WA bike ( 1:22:14.3 ) t2 ( 0:02:19.9 )	74	M	2:46:47.7	4	46

# Sprint \Relay\ FALL

Bib	Name	City, State	Age	Gen	Finish	AG	OA
91	Robinson, Mary swim ( 0:15:12.5 ) t1 ( 0:00:58.8 )	Vashon, WA bike ( 1:00:12.8 ) t2 ( 0:00:40.2 )	46	F	1:45:09.4	1	1
91	Aickin, Lindsay swim ( 0:15:12.5 ) t1 ( 0:00:58.8 )	Vashon, WA bike ( 1:00:12.8 ) t2 ( 0:00:40.2 )	53	F	1:45:09.4	1	1
91	Cyra, Lisa swim ( 0:15:12.5 ) t1 ( 0:00:58.8 )	Vashon, WA bike ( 1:00:12.8 ) t2 ( 0:00:40.2 )	47	F	1:45:09.4	1	1
81	Lawrence, Joy swim ( 0:17:49.6 ) t1 ( 0:00:39.6 )	Suquamish, WA bike ( 0:56:32.5 ) t2 ( 0:00:36.9 )	45	F	1:47:05.9	2	2
81	O'Connell, Deb swim ( 0:17:49.6 ) t1 ( 0:00:39.6 )	Renton, WA bike ( 0:56:32.5 ) t2 ( 0:00:36.9 )	43	F	1:47:05.9	2	2
81	Snyder, Kathleen swim ( 0:17:49.6 ) t1 ( 0:00:39.6 )	Vashon, WA bike ( 0:56:32.5 ) t2 ( 0:00:36.9 )	45	F	1:47:05.9	2	2
90	Whitlock, Shelly swim ( 0:27:52.2 ) t1 ( 0:01:12.1 )	Vashon, WA bike ( 0:55:34.1 ) t2 ( 0:00:28.9 )	42	F	1:59:27.7	3	3
90	Van Houdt, Aggie swim ( 0:27:52.2 ) t1 ( 0:01:12.1 )	Kirkland, WA bike ( 0:55:34.1 ) t2 ( 0:00:28.9 )	40	F	1:59:27.7	3	3
90	Van Houdt, Kate swim ( 0:27:52.2 ) t1 ( 0:01:12.1 )	Vashon, WA bike ( 0:55:34.1 ) t2 ( 0:00:28.9 )	39	F	1:59:27.7	3	3
87	Weatherford, Sally swim ( 0:18:04.1 ) t1 ( 0:01:46.2 )	Seattle, WA bike ( 1:06:50.9 ) t2 ( 0:01:08.9 )	49	F	2:02:35.9	4	4
87	Sakaida, Akemi swim ( 0:18:04.1 ) t1 ( 0:01:46.2 )	Seattle, WA bike ( 1:06:50.9 ) t2 ( 0:01:08.9 )	37	F	2:02:35.9	4	4
87	Sakaida, Akemi swim ( 0:18:04.1 ) t1 ( 0:01:46.2 )	Seattle, WA bike ( 1:06:50.9 ) t2 ( 0:01:08.9 )	37	F	2:02:35.9	4	4

# Sprint \Relay\ MAll

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>
82	Bonney, Scott swim ( 0:14:07.1 ) t1 ( 0:01:08.4 )	Burton , WA bike ( 0:49:03.2 ) t2 ( 0:00:36.0 )	50	M	1:30:00.5	1	1
82	Abel, Steve swim ( 0:14:07.1 ) t1 ( 0:01:08.4 )	Burton, WA bike ( 0:49:03.2 ) t2 ( 0:00:36.0 )	54	M	1:30:00.5	1	1
82	Raymond, Jeff swim ( 0:14:07.1 ) t1 ( 0:01:08.4 )	Burton, WA bike ( 0:49:03.2 ) t2 ( 0:00:36.0 )	45	M	1:30:00.5	1	1

# Sprint \Relay\ XAll

Bib	Name	City, State	Age	Gen	Finish	AG	OA
84	Clark, Jay swim ( 0:14:57.9 ) t1 ( 0:00:45.6 )	Shoreline, WA bike ( 0:42:43.7 ) t2 ( 0:00:29.0 )	42	M	1:23:41.6	1	1
84	Boettcher, Jason swim ( 0:14:57.9 ) t1 ( 0:00:45.6 )	Seattle, WA bike ( 0:42:43.7 ) t2 ( 0:00:29.0 )	34	M	1:23:41.6	1	1
84	Herrick, Joan swim ( 0:14:57.9 ) t1 ( 0:00:45.6 )	Shoreline, WA bike ( 0:42:43.7 ) t2 ( 0:00:29.0 )	52	F	1:23:41.6	1	1
89	Cyra, Bruce swim ( 0:16:21.9 ) t1 ( 0:00:58.2 )	Vashon, WA bike ( 0:50:08.0 ) t2 ( 0:00:27.6 )	48	M	1:27:50.8	2	2
89	North, Simon swim ( 0:16:21.9 ) t1 ( 0:00:58.2 )	Vashon, WA bike ( 0:50:08.0 ) t2 ( 0:00:27.6 )	37	M	1:27:50.8	2	2
89	Charron, Inga swim ( 0:16:21.9 ) t1 ( 0:00:58.2 )	Vashon, WA bike ( 0:50:08.0 ) t2 ( 0:00:27.6 )	56	F	1:27:50.8	2	2
86	Bannink, Jeannette swim ( 0:12:47.0 ) t1 ( 0:00:46.9 )	Seattle, WA bike ( 0:47:05.3 ) t2 ( 0:00:32.0 )	45	F	1:29:11.6	3	3
86	Adamo, Jeff swim ( 0:12:47.0 ) t1 ( 0:00:46.9 )	Seattle, WA bike ( 0:47:05.3 ) t2 ( 0:00:32.0 )	23	M	1:29:11.6	3	3
86	Kumer, John swim ( 0:12:47.0 ) t1 ( 0:00:46.9 )	Seattle, WA bike ( 0:47:05.3 ) t2 ( 0:00:32.0 )	38	M	1:29:11.6	3	3
88	Turner, Lee swim ( 0:14:58.5 ) t1 ( 0:00:42.8 )	Vashon, WA bike ( 1:00:45.7 ) t2 ( 0:00:25.8 )	55	M	1:44:01.2	4	4
88	Turner, Cody swim ( 0:14:58.5 ) t1 ( 0:00:42.8 )	Vashon, WA bike ( 1:00:45.7 ) t2 ( 0:00:25.8 )	14	M	1:44:01.2	4	4
88	Turner, Sheri swim ( 0:14:58.5 ) t1 ( 0:00:42.8 )	Vashon, WA bike ( 1:00:45.7 ) t2 ( 0:00:25.8 )	44	F	1:44:01.2	4	4
83	Knightlinger, Stephanie swim ( 0:18:35.4 ) t1 ( 0:00:50.3 )	Seattle, WA bike ( 0:54:22.3 ) t2 ( 0:00:27.8 )	26	F	1:50:35.2	5	5
83	Hathaway, Shawli swim ( 0:18:35.4 ) t1 ( 0:00:50.3 )	Seattle, WA bike ( 0:54:22.3 ) t2 ( 0:00:27.8 )	27	F	1:50:35.2	5	5
83	Greenberg, Steven swim ( 0:18:35.4 ) t1 ( 0:00:50.3 )	Seattle, WA bike ( 0:54:22.3 ) t2 ( 0:00:27.8 )	27	M	1:50:35.2	5	5
85	Manca, Maria swim ( 0:16:31.1 ) t1 ( 0:01:03.7 )	Seattle, WA bike ( 1:08:22.5 ) t2 ( 0:00:31.9 )	27	F	2:01:00.7	6	6
85	Fox, Michael swim ( 0:16:31.1 ) t1 ( 0:01:03.7 )	Vashon, WA bike ( 1:08:22.5 ) t2 ( 0:00:31.9 )	62	M	2:01:00.7	6	6
85	Dusenberry, Marieke swim ( 0:16:31.1 ) t1 ( 0:01:03.7 )	Seattle, WA bike ( 1:08:22.5 ) t2 ( 0:00:31.9 )	27	F	2:01:00.7	6	6